

# **EYEBROW POST CARE**

# YOUR GUIDE FOR AT HOME CARE

### Cleanse & Moisturize:

Wash morning & night with an antibacterial soap. Cleanse from the inside of brows to the outside. Pat dry with paper towel and apply the healing oil. Begin this step 12-24 hours post appointment and continue for 14 days.

#### Avoid water exposure:

Keep the treated area dry for the first 12-24 hours after the procedure. Avoid swimming, saunas, hot tubs, and excessive sweating for 14 days following your appointment.

#### Skip makeup on treated area:

Avoid applying makeup on the treated brows during the initial healing period. This allows the skin to heal without interference and ensures the most sanitary healing process.

#### Avoid sun exposure:

Protect the treated area from direct sunlight and UV exposure for 10-14 days following initial appointment. Keep in mind you have "new" skin to protect.

# Avoid picking:

It's normal for the treated area to go through a scabbing











or peeling phase. However, it's crucial not to pick at or peel off any scabs, as this can affect the final outcome.

## Expect highs & lows:

Please take note that your eyebrows may darken and lighten during the first 4-8 weeks depending on age. This is completely normal and expected with the healing process.

#### Use a clean pillowcase:

Ensure that your pillowcase is clean to prevent any potential infection. You may want to sleep on your back to avoid rubbing the treated area against the pillow.

Individual healing times may vary, so it's essential to be patient and allow the brows to go through the natural healing process. If you have any concerns or notice signs of infection, please contact myself or a healthcare professional promptly.











